



2010 Peninsula Tribe Volleyball Club

Player Code of Conduct

As a Peninsula Tribe Player, I will:

- Always represent Peninsula Tribe in a positive manner through honorable moral conduct.
- Be honest with myself, teammates, coaches, and parents.
- Treat teammates, coaches, officials, and opponents with courtesy and respect even when down or in a bad mood.
- Never criticize teammates on or off the court and work out personal conflicts with teammates immediately.
- Never gossip or spread malicious rumors about any player, parent, coach, or administrator of Peninsula Tribe or any other club.
- Never physically or verbally intimidate or harass any individual.
- Attend all practices, conditioning workouts, tournaments, team events, club meetings, and clinics on time.
- Assist with net set up and set up of ball carts and balls, as needed by my coach at every practice and tournament.
- Report all injuries to coaches immediately and follow advice from coaches, trainers, and physicians precisely.
- Remain a member of the team and determine a rehabilitation schedule with the coach if I am injured or fall ill.
- Attend all tournaments and participate in officiating duties whether able or eligible to play or not.
- Contact the coach by phone call and e-mail at least 24 hours in advance if unable to attend a practice or tournament. I will notify the coach of absence or tardiness as soon as the information is known. Telling a teammate that I will miss practice or be late is never acceptable.
- Notify my coach of my intent to participate in an in-season school sport or other activity at the first team meeting.
- Stay at all tournaments until my team is finished playing and officiating.
- Follow closely the grievance policy in the Parent Conduct Form, stating that I will discuss any issues regarding my role on the team, playing time, or other issues with the coach on my own first.
- Trust coaches and Peninsula Tribe staff to do what is right for me and the team, even if I don't immediately understand the reasons why.
- Accept my mistakes as part of the learning process, but be serious about them because mistakes give me an opportunity to improve.
- Listen when coaches are talking even if they are not speaking to me, and visually and verbally acknowledge them when they give me feedback.
- Go for every ball, no exceptions. I will make no excuses.
- Work to improve every time I play volleyball.
- Make academics a priority and be diligent about my time management.
- Arrive at tournament sites in Peninsula Tribe gear and wear my uniform the way it is intended to be worn, without additions or modifications.
- Leave practice and tournament facilities cleaner than I found them and encourage my teammates to do the same.
- Learn officiating responsibilities and share officiating positions equally between my teammates.
- Maintain proper nutrition and eating habits at all times, not just at tournaments.
- Abstain from any illegal activities, including but not limited to drinking alcohol, smoking of any kind, or the use of other drugs of any kind.
- Abstain from swearing in practices and matches.
- Follow all tournament site rules, including not bringing food, beverages, coolers, or prohibited chairs into gyms.
- Remember that, first and foremost, volleyball is a game and should be fun!

I am committed to playing for Peninsula Tribe Volleyball Club for the entire 2010-2011 NCVA Junior Boys Club Volleyball season.
I am committed to attending practices, tournaments, and to doing my best for my welfare and the welfare of my teammates.